**RESOURCES**

**Substance Abuse**

**CADAS** (**C**ouncil for **A**lcohol & **D**rug **A**buse **S**ervices)     756-7644 (press “2” for adolescents)

<https://www.cadas.org/>

207 Spears Avenue, Chattanooga   
 \*Assessments by appointment or walk-ins are welcome 24/7/365

\*All calls are confidential

\*In-patient (“Scholze Center”) and outpatient treatment options are available in town

**Center Stone** 499-1031

<https://centerstone.org/service/addiction-recovery/>

6110 Shallowford Road, Chattanooga

\*Assessments by appointment or walk-ins are welcome 24/7/365

\*All calls are confidential

\*Local outpatient services are available

\*Inpatient treatment centers within Tennessee are available

**Iris Wellness Center** 862-432-2318

<https://iriswellnessgroup.com/>

901 Mountain Creek Road Suite 100, Chattanooga

\*13-17 ages

\*Outpatient individual, family and group

\*VERY small center

\*Appointment-based/sometimes same day

**Focus Treatment Center** 308-2560

<https://focustreatmentcenters.com/covid-19>

7429 Shallowford Road, Chattanooga

\*\*\*\*The clinic is ONLY available to those 18 years and older

\*Inpatient & outpatient treatment available

\*Offers Eating Disorder treatment but no psychiatric treatment options

**Vaping/Smoking Addiction Clinic**  778-5437

**Erlanger Childrens Hospital – “Smoke Be Gone Clinic”**

<https://www.childrensaterlanger.org/medical-services/smoke-be-gone-clinic>

\*The clinic is open to ages 13 - 21

\*They will do a pulmonary function test, a physical exam, an evaluation of the patient's medical       history and social situation

\*They will provide an individualized treatment plan to fit the patient's needs

**Health Department**  Jordan Armstrong:   209-8203 OR email: [tts@hamiltontn.gov](mailto:tts@hamiltontn.gov)

<https://health.hamiltontn.org/en-us/communityhealth/nicotinepreventioncessation.aspx>

              \*Public Health Educator/Tobacco Prevention & Cessation Program:

**Mental Health**     

**Local crisis numbers** (24/7/365)

**Youth Villages** (17 years and younger): 1-866-791-9225

**Johnson Mental Health** (18 and older):  870-9033

**Inpatient treatment:**

**Parkridge Valley** 499-2300

2200 Morris Hill Road

\*Assessments by appointment or walk-ins are welcome 24/7

\*All calls are confidential

**Erlanger Behavioral Health** 1-855-612-3494

804 N Holtzclaw Avenue

\*Assessments by appointment or walk-ins are welcome 24/7

\*All calls are confidential

**Outpatient counseling treatment:**

Students’ and parents’ considerations when choosing a counselor:

* Do you prefer your counselor be a male, female or either?
* Do you prefer in-person sessions, telehealth sessions or either?  (We can accommodate this during the day at school.)
* Students or parents, can you ask friends for recommendations of counselor...this is quite common.
* It is important to find a counselor that specializes in the topics that you are experiencing so reading the biography on their website is a helpful way to narrow your search.
* Ask if they accept your insurance.  (Different counselors may accept different insurances or have different payment plans within the same counseling agency.)  Sometimes this is listed in their biography; otherwise, the receptionist will be able to tell you.
* Choosing a location: Many choose an agency close to school so their students do not miss more class time due to traveling.

**Here are some common agencies used by our families:**

**Alternatives Counseling Associates** 624-8535

<https://alternativescounselingassociates.com/staff>

2002 Oak Street

**Henegar Counseling Center** 756-2894

<https://henegarcc.com/services/>

1815 McCallie Avenue

\*Christian counseling is available if requested

**Richmont Community Counseling Center** 648-2423 1808

<https://henegarcc.com/staff/>

1808 Oak Street

\*Christian counseling is available if requested

**Elbow Tree Counseling** 517-7070

<http://www.elbowtree.com/new-folks---start-here.html>

3069 S. Broad Street, Suite #7d

\*Christian counseling is available if requested

**Roots Counseling Center** 682-8402

[http://www.rootscounselingcenter.com](http://www.rootscounselingcenter.com/)

3421 Dayton Blvd, Red Bank or

6701 Heritage Business Ct., Suite 115 (Lee Hwy area)

**River City Counseling** 933-2575

<https://rivercitycounseling.net/clinicians>

5819 Winding Lane, Suite 137, Hixson or

3309 Cummings Highway, Suite 110

**Agape** 443-3336

<https://youthbehavior.com/>

1360 Mackey Branch Drive (East Brainerd area)

\*They have psychiatrists and counselors on staff within the same building.